# Farbrengen



774 • למען ישמעו EDITOR - RABBI SHIMON HELLINGER

### **DEALING WITH ANGER (I)**

#### THE CALAMITY OF ANGER

In the times of Elisha HaNavi the Yidden had a king called Yehoiram who was a *rasha* and worshiped *avoda zara*. When the king of Moav rebelled against him, he invited Yehoishofot, the righteous king of Yehuda, to join him in battling Moav. On their way, they were without water for seven days, so when they heard that Elisha HaNavi was nearby, they hurried to see him. However, when Elisha saw Yehoiram, he said angrily, "What do we have with one another? Go to the *nevi'im* of *avoda zara!*"

Elisha nevertheless agreed, in honor of Yehoishofot, to exercise his power of *nevua*, but he was unable to do so because of his anger. In fact he had to ask for a musician to play for him, and only then did the *ruach nevua* rest upon him.

מלכים א' פ"ג)

Chazal say, Kol hako'es ke'ilu oved avoda zara — "If someone becomes angry, it is as if he worshiped avoda zara." The Alter Rebbe explains in Tanya that if a Yid believed with complete emuna that whatever befell him is from Shamayim, he would not be angry at all. His anger is a sign of his belief that there is something else in the world other than HaShem.

(שבת ק"ה ע"ב, אגה"ק סי' כ"ה)

The Zohar writes that one who becomes angry uproots the holy *neshama* that is within him and replaces it with a spirit of *avoda zara*, more so than any other *aveira*. The Arizal explains that he loses the spiritual levels that he attained.

Reb Chaim Vital relates that sometimes while learning with his brother, he would become upset at him for his lack of cooperation. The Arizal would reprimand him and warned him not to become angry even concerning a *mitzvah*.

(זהר פ' תצוה ע' קפ"ב, שער רוח הקודש י"ט)

One of the things that Reb Boruch Batlan, the Alter Rebbe's great grandfather, noticed about *Chassidus* is that it teaches a person to control himself. As he observed the heated discussions between his chassidisher friend Yitzchok Shaul and his brothersin-law, who were *misnagdim*, he noticed that

whenever Yitzchok Shaul's anger was stirred up, he would suddenly close up, as if with a lock and key, and his anger would disappear. Yitzchok Shaul once explained this to Boruch, saying, "My father used to tell me in the name of the Baal Shem, that anger is a foreign and unworthy thing, even when it comes from *yiras Shamayim*. He taught me that whenever I get into a temper, I should just seal my lips and not utter a word!"

(ספר הזכרונות [אנגלית] ח"ב ע' 15)

#### **CONSIDER**

If the problem with anger is a lack of belief in HaShem, what difference is there if one displays the anger or not?

#### **FEEDING THE SPIRITS**

Once, after a week of continuous efforts, the Baal Shem Tov succeeded in collecting the amount necessary to redeem a family imprisoned by a stubborn *poritz*, who had refused to free them until he received every penny that they owed him. They were finally set free late on Friday, so the Baal Shem Tov invited them to stay with him for Shabbos, for they would not be able to make it back to their town in time. They willingly agreed. At the *seudas Shabbos*, the Baal Shem Tov turned to the Yid and asked, "So, what news have you heard today?"

The Yid looked up in wonder: "But Rebbe, what news could have reached the dungeon in which we were imprisoned?"

"Then tell us something of your past," encouraged the Baal Shem Tov.

The Yid replied, "I can't think of anything worthy of telling about my life, but I just recalled a strange experience I had while I was imprisoned.

"In the same dungeon, at some distance from us, there was a group of people who cried and moaned

all week long. It melted my heart. However, *erev Shabbos* after *chatzos*, they would begin to dance and laugh loudly, and I too would burst out laughing. This went on for weeks, but this week, the crying and screaming was louder than usual, as was the roaring laughter and the wild dancing which took its place. During the entire time, I was too terrified to approach and speak to them and ask the reason for all this. We just huddled together in our corner. Yet, knowing that we were to be freed shortly, I gathered enough courage to shout a question in their direction, 'Who are you?'

"A voice from the far end of the pit responded, 'We are kelipos whose existence depends on the aveiros of a certain tzaddik. He doesn't eat all week long, breaking his fast only on erev Shabbos. He prepares a mug of milk in the morning, and puts it aside to drink when he finishes davening Shacharis. All week long, we are so overwhelmed by the power of his tzidkus that we cry. Every erev Shabbos, however, we cause someone in his family to accidentally spill the milk, causing him to become angry. From this anger, we receive our chayus. This week he was determined to overcome his anger, because he realized that by getting angry, he could lose all of the ruchniusdike achievement that he had reached during the week. He therefore decided to lock the closet where he put the milk and not to give anyone the key. And that's why we were so upset this week,' the voice explained.

'We didn't know how we would be able to make him angry, but we were not prepared to give up so easily. This morning, one of us appeared as a woodcutter, knocked on the <code>tzaddik</code>'s door, and offered his wife a bundle of wood at a cheap price. Her purse was in the same closet as the milk, and she asked her husband for the key. Anxious not to keep the woodcutter waiting, she knocked over the milk jug. Sure enough, the <code>tzaddik</code> exploded into a rage, and that's why we had so much to celebrate about today.'"

All the chassidim at the Baal Shem Tov's *seuda* listened to this strange story in amazement. Suddenly, one of them fell down in a faint. He was known to fast the entire week.

(רשימות דברים ח"א ע' יב)









## Way of Life



RABBI CHAIM HILLEL RASKIN ROV OF ANASH - PETACH TIKVA

#### GREETING EVERYONE

Am I obligated to say shalom aleichem to everyone I meet on the street?

It is a mitzvah to greet every person and inquire into their welfare or at least bless them with peace (shalom). The term shalom is also a reference to Hashem, thus Hashem's name is included in the blessing.1

One should endeavor to greet the other person first and not just respond to the other's greeting.2 It is said of the esteemed tana R' Yochanan ben Zakai that he would always greet others first, even a gentile in the marketplace.3 If you meet a person a second time on the same day, you should greet them again, but there is no need to greet someone more than once in the same setting.4 If someone greets you and you don't respond, it is akin to stealing, even if one isn't on friendly terms with that person.5

When responding, it is the customary to add an additional blessing. For example, when you are greeted with shalom you should respond shalom ubracha, to "qut morgen," many respond with "a gut yahr" or "a gutten tamid." It is also customary to flip the greeting and respond to "shalom aleichem" with "aleichem shalom."

One should greet every person, even one unfamiliar to him. While some raise a concern that the stranger may not respond and you have then caused them to be "stealing," the Mishna seems to instruct us to be makdim shalom to every person without exception. 9 Yet, if greeting an enemy, one must ensure that it won't fan the flames of animosity.<sup>10</sup>

For members of the opposite gender, a friendly greeting is forbidden, but a standard salutation like "Good morning" can be appropriate (see issue 631).

In a large city where one encounters dozens of people wherever one turns, it is impractical and not expected to greet everyone. Yet, one should endeavor to greet people whenever possible, as this adds in love and friendship between people.

8. מהרש"א ברכות ו ע"ב שיש להקדים רק למי שרגיל בו. .9 ראה פרקי אבות פ"ד מ"כ. 10. הליכות בין אדם לחבירו פ"א ל"א ובהערה צ"ו שם.

. ראה שמות י"ח ז'. רמב"ם הל' דעות 6. ראה גיטין ס"ב ע"א. 1. ראה שמות י"ח ז'. רמב"ם הל' דעות פ"ה ה"ז (לענין ת"ח). רש"י מכות כ"ג 7. ראה לקו"ש חכ"ה ע' 166.

ע"ב. .2 ברכות ו ע"ב. .3 ברכות יז ע"ב. .4 ראה מדרש רבה במדבר פכ"א א'. .5 ראה ישעיה ג, יד ופירש"י שם.

לע"נ מרת ציפא אסתר בת ר' שלום דובער ע"ה

## Our Heroes



#### REB SHLOMO ZALMAN HAVLIN

Reb Shlomo Zalman was born on 10 Elul 5637 (1877) in Paritch, Mohilov. His father Reb Eliezer was from among the original magidei shiurim in Tomchei Tmimim Lubavitch. Reb Shlomo Zalman first learned in Minsk, and when meeting Lubavitcher chassidim there he went along to Lubavitch where he stayed and was part of the group of bochurim with whom Tomchei Tmimim was founded. In Lubavitch, he stayed at the home of the mashpia Reb Chanoch Hendel Kugel, who was mekarev him and guided him. In 5661 (1901), he was sent by the Rebbe Rashab to lead the yeshiva in Horoditch, which he did for ten years. In 5672 (1911), he was sent with a group of bochurim to start the yeshiva Toras Emes in Chevron. During World War I he was forced to return to Russia, though he returned after the war and reestablished the yeshiva in Yerushalayim, which he headed until his passing on 16 Nisan 5696 (1936).

Reb Shlomo Zalman would daven for about four to five hours every day, contemplating ideas of Chassidus and singing. Having a beautiful voice, whoever would hear his davening would become uplifted and inspired to the core. There was one bochur who came from Krakow from an assimilated family and had been to many types of groups, but he did not find his place until he chanced upon the yeshiva Toras Emes in Chevron. This bochur was once found sitting on a rock near the

stream, his head between his knees and crying out loud. When asked why he was crying, he said that from when he stepped into the *yeshiva* he had felt very differently, especially the morning before when he had heard Reb Shlomo Zalman davening; then he had become a new person.

(המשפיע ע' עד)

Before leaving for Chevron, Reb Shlomo Zalman realized that he had a large debt from the years the yeshiva operated in Horoditch. It was not clear who was responsible to pay: either the general Tomchei Tmimim which was managed by the Frierdiker Rebbe or Reb Shlomo Zalman himself. The Frierdiker Rebbe suggested going to a din Torah before the Rebbe Rashab, which Reb Shlomo Zalman refused and insisted to pay instead.

A few days later, the Frierdiker Rebbe called Reb Shlomo Zalman to near the Rebbe Rashab's room. As they stood by the door, the Frierdiker Rebbe opened it and asked the Rebbe Rashab for a din Torah. Reb Shlomo Zalman was surprised and remained silent. The Rebbe Rashab listened to the details and declared that Reb Shlomo Zalman does not have to pay. A short while later, Reb Shlomo Zalman suggested a shiduch for a bochur which came to fruition and he received a nice sum of shadchonus gelt. Although he had won the din Torah, he nevertheless paid up the debt immediately.

(המשפיע ע' קלט)

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## A Moment with The Rebbe

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זכות **שניאור זלמן** בן **חוה לאה** וכל משפחתו שיחיו לכל המצטרך בגשמיות ורוחניות

#### YOUR TRUE TITLE

Reb Moshe Yitzchok Hecht, the dedicated Shliach to New Haven, received an Honorary degree, awarding him the title Doctor.

A while later, the Rebbe received a letter with Reb Moshe Yitzchok being referred to as "Doctor Hecht." Immediately, the Rebbe sent him a letter expressing dissatisfaction.

Reb Moshe Yitzchok sat down to write a letter to Rebbe, asking him to clarify whether the Rebbe disapproves of the new title. "If so," he committed, "I will, of course, cease to use it."

"There are places situations when the title 'Doctor' can be useful," the Rebbe clarified in a response, allowing him to make use of it for hafotzas hayahdus.

"I was expressing surprise that your true title, Rav, was missing."

(Hiskashrus Issue 799)